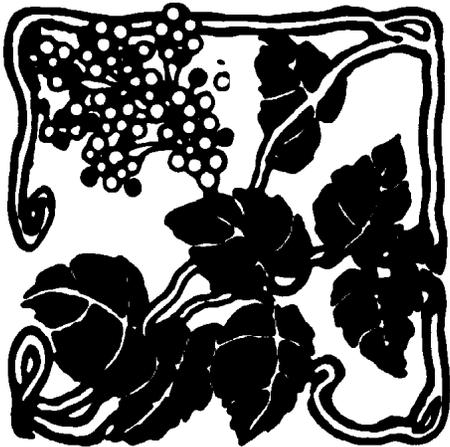


This workshop will help you . . .

- Learn how you as a leader can influence the health of your congregation – how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.



“...So we, though many, are one body in Christ, and individually members one of another.” (Romans 12:5)

About the Workshop:

The *Healthy Congregations* workshop uses the insights of family systems theory to help church leaders and all members become more effective stewards of congregational health. The workshop utilizes a video case study developed by Dr. Peter Steinke and is based on the work of Dr. Edwin Friedman, author of *Generation to Generation: Family Process in Church and Synagogue*.

Since the publication of *Generation to Generation*, many pastors have come to recognize the importance of understanding family systems theory as it relates to congregations. The *Healthy Congregations* workshop helps both leaders and all church members expand their insight into how churches function as emotional systems.

The *Healthy Congregations* workshop is being presented as a key part of the congregational consultation process to challenge all members to move beyond blame and to recognize how all play a role when anxiety is on the rise in the church.

Ultimately the workshop is designed to equip church members to respond to the presence or potential threat of anxiety in a congregational system in ways that prevent destructive conflict and help the church stay focused on its unique mission and purpose.

For further information about the Lombard Mennonite Peace Center see:
www.LMPeaceCenter.org

Healthy Congregations



June 24-25, 2016

Friday: 6:30 p.m. to 9:00 p.m.

Saturday: 9:00 a.m. to 4:30 p.m.

First Presbyterian Church
1225 Fourth St.
Fond du Lac, WI

Sponsored by
First Presbyterian Church

Led by
Bill Blank
Lombard Mennonite Peace Center

Who Will Benefit:

The workshop is designed for:

- All members of the church as a key part of the congregational consultation process being undertaken to facilitate healing and reconciliation.
- Anyone interested in enhancing their capacity to manage self in a non-anxious and responsible way, whether in the church, the home, the workplace, or the community.

Workshop Location:

First Presbyterian Church
1225 Fourth St.
Fond du Lac, WI 54935

Workshop Leader:

Bill Blank is Associate Director of Lombard Mennonite Peace Center (LMPC) in Lombard, IL. He is an ordained minister in the Mennonite Church and has served as a pastor and interim pastor. He has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington D.C. He has experience as a mediator, trainer and church consultant as well as providing coaching for pastors and church leaders.

Registration:

To register, mail the accompanying form or drop it off at the church office – or call the church at 920-922-0425. Please register by **June 13, 2016**.

You may include a free will offering to cover the cost of the manuals (\$22.00 per manual).

Workshop Schedule:

Friday, June 24, 2016:

- 6:00-6:30 Registration
6:30-9:00 *What is Systems Thinking?*
Video Case Study: “The Anxious Congregation/The Responsible Congregation”

Saturday, June 25, 2016:

- 9:00-10:30 *Healthy Congregations Respond to Anxiety*
Healthy Congregations Invite Differentiation of Self
10:30-10:45 Break
10:45-12:00 *Healthy Congregations Focus on Strength*
Healthy Congregations Manage Conflict
12:00-1:00 Lunch (served on-site)
1:00-2:30 *In Healthy Congregations, Leaders Challenge People*
In Healthy Congregations, Leaders Focus on Mission
2:30-2:45 Break
2:45-4:30 *In Healthy Congregations, Leaders Promote Health Through Their Presence and Functioning*
Planning For a Healthier Congregation



Registration Form:

Healthy Congregations

June 24-25, 2016

To register, fill out and clip this form; return it to the church office – or call the church at 9209220425.

Name(s) _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

____ Yes! Please register me / us for the *Healthy Congregations* workshop, June 24-25, 2016.

____ I've enclosed an offering of \$_____ to help defray the cost of the workshop (Make checks payable to First Presbyterian Church of Fond du Lac).

____ We would each like our own manual.

____ We will share one manual as a couple in order to save on costs for the church.